



Profile of Trainer Ms Abi Shankari

A Qualified Lions Quest National Trainer, Master Trainer in "Police WellBeing Program from NIMHANS, NLP Professional Trainer, facilitating training programs for Corporate and Educational institutions, including several public workshops with more than a decade of an experience in Self Development, 2 years experience in Police Well Being.Psychotherapist, Founder Margadharsi Counseling and Training Centre.

she has instilled capability to create and ability to demonstrate, develop and execute training programs in an effective manner applicable to different working groups at different levels. A passionate professional, travelled across globe and got several rewards and recognitions from various social platform in India & abroad.

Educational/Professional Credentials:

- **INTERNATIONAL CERTIFIED ADVANCE LIONS LEADERSHIP INSTITUTE, Feb 2020**
- **INTERNATIONAL CERTIFICATION IN REGIONAL LIONS LEADERSHIP INSTITUTE, SEP 2019**
- **POSH TRAINER, MAY 2019**
- **MASTER TRAINER IN POLICE WELL BEING AT NIMHANS, FEB 2019**
- **LIONS QUEST NATIONAL TRAINER IN Jan 2019**
- **INTERNATIONAL CERTIFICATION -GOAL FACILITATOR (Games Oriented Active Learning) November 2018.**
- **INTERNATIONAL CERTIFICATION - LIONS QUEST TRAINER SKILLS FOR ADOLESCENCE TEACHERS TRAINING WORKSHOP (2019)**
- **INTERNATIONAL CERTIFICATION ON EMERGING LIONS LEADERSHIP INSTITUTE (ELLI)MARCH 2018.**
- **INTERNATIONAL CERTIFICATION ON FACULTY DEVELOPMENT TRAINING,ICIF LIONS CLUB(2017)**
- **MASTER PRACTITIONER OF NEURO LINGUISTIC PROGRAMING,IPE,CANADA (2016)**

- **PROFESSIONAL TRAINER IN DESIGN AND FACILITATION OF EXPERIENTIAL LEARNING,IPE,CANADA(2016)**
- **LANDMARK TRAINING FORUM-BASIC LEVEL(2016)**
- MBA IN EDUCATIONAL MANAGEMENT (2013-2015)
- **MASTERS IN PSYCHOTHERAPY AND COUNSELING (2008-2010)**
- MASTERS IN PUBLIC ADMINISTRATION (1997-1999)
- **TRAIN THE TRAINER (LEVEL 101,102,103)**
- ADVANCED TRANSACTIONAL ANALYSIS
- **MASTERS IN YOGA THERAPY**
- GRANDMASTERS IN REIKI AND SOUL PROGRAMING
- **SPIRITUAL HEALER**
- CLASSICAL DANCER

LIONS QUEST TEACHERS TRAINING PROGRAM

Certified as Lions Quest National Trainer on Jan 20th 2019.Sixth Lions Quest National Trainer in Southern Lions Quest Teachers Training program.

TTW Programs

1. 23rd and 24th Feb 2019, 324 B4-Sankaran kovil-35 Teachers
2. 23rd and 24th March 2019,324 A5-Chennai-35 Teachers
3. 6th and 7th April 2019,324 A2-Thanjavur-35 Teachers
4. 30th and 31st August 2019,317 A-Bangalore-35 Teachers
5. 27th and 28th Sept 2019 324 A1-Kilkarai-30 Teachers
6. 30th and 1st Oct 2019 324 B4 Coimbatore-30Teachers
7. 2nd and 3rd Nov2019 324 B5 Coimbatore -30 Teachers
8. 22nd and 23rd Nov2019 324A8 Chennai-35 Teachers
9. 19th and 20th Dec2019 324 B1 Salem-28 Teachers
10. 14th and 15th Feb2020 324 A6 Chennai-30 Teachers
11. 30th and 1st Sept-Oct 2020 324 A2 Karur-44 Teachers
12. 8th and 9th Dec 2020 324 B1 Coimbatore 27 Teachers
13. 9th and 10th Jan 2021 324 A5 Chennai 26 Teachers

CORPORATE TRAINING PROGRAMS

POSH AWARENESS TRAINING Program to ANDHAMAN and LAKSHADWEEP Harbour works August 2021, Mar 2022

NEURO LINGUISTIC PROGRAMING TO PETROLEUM COIRPORATION OF INDIA, CHENNAI-AUG 2019

MOTIVATIONAL PROGRAMME TO CONTRACT WORKERS - HYUNDAI MOTORS, MARCH8TH, 2018.

**STRESS MANAGEMENT TO STAFF MEMBERS OF HANIL
TUBE INDIA, PVT LTD. MAR 18TH, 2018**

**EMPOWERMENT AND MOTIVATIONAL PROGRAM TO
T.V.S.GROUP-WOMEN STAFF MEMBERS MARCH 8, 2017.**

**COMMUNICATION SKILLS-AGILITY LOGISTICS, APRIL,
2017**

PSYCHOLOGY OF SELLING-ABI REAL ESTATES, MAY, 2017

**PERSONALITY DEVELOPMENT-BHANDARI SWIFT LOGISTICS
PVT LTD, JUNE, 2017**

**COMMUNICATION AND MOTIVATION, PWD OFFICIALS, JULY
2017.**

**NEUROBICS, NLP TRAINING, SOUTHERN RAILWAY
MECHANICAL GROUP STAFF MEMBERS, AUGUST, 2017**

**Stress Management to Staff Members of Hanil Tube India, Pvt
Ltd. Mar 18th, 2018.**

Associated with;

- THAMIZH LAL INNAIVOM-"District Governor"
- SEYYAL
- BVP MYLAPORE BRANCH -SECRETARY
- NLP AND TA STUDY CIRCLE (LIFE MEMBER)
- LIFE ACADEMY, TRAINERS NETWORK (LIFE MEMBER)
- HYPNOTIQUE CIRCLE
- KARUNA INTERNATIONAL (KIND)DIRECTOR
- Lions Club of Sterling Avenue (Global Membership Team)

Achievements : TEACHERS EXCELLENCE AWARD SEPT 2015

: TRAINERS EXCELLENCE AWARD SEPT 2016

**: EXCELLENT CONTRIBUTION & GRATITUDE
AWARD 2015-2016.**

: WOMEN ACHIEVER AWARD 2016-2017.

: SAADHANAI PENNMANI AWARD 20017
: LION OF THE REGION X 2018.
: MELVIN JONES FELLOW AWARD 2018.
: PROGRESSIVE MELVIN JONES FELLOW AWARD 2019

**: MELVIN JONES AWARD FOR WOMEN
EMPOWERMENT DECEMBER 2019**

: THE BEST SOCIAL ACTIVIST, Jan 2020
Bharathiyar kanda puthumai pengal-Penn sadhanaiyalar

: THANGA MANGAI AWARD FEB 2020

: SAADHANAIYALAR AWARD MAR2021

: THAMIZH CHEMMAL AWARD, 7TH SEP2021

: THAMIZH THONDAR AWARD, JAN 12TH 2022

: STAR WOMEN ENTREPRENEUR AWARD 9TH

APRIL 2022

: BEST DISTRICT LCIF CORDINATOR AWARD

MARCH 2021

: BEST DISTRICT GMT DC AWARD 29TH MARCH

2022

PAPER PRESENTATIONS:

1. VALUES IN T.A-NCTA (NATIONAL CONFERENCE OF TRANSACTIONAL ANALYSIS) 2014.

2. EMOTIONAL INTELLIGENCE IN SAATA (SOUTH ASIAN ASSOCIATION OF TRANSACTIONAL ANALYSIS) 2015.

3. ANTICIPATE, APPRAISE AND APPRECIATE IN ICTA (INTERNATIONAL COUNSELING OF TRANSACTIONAL ANALYSIS) 2016.

MEDIA- LIVE COUNSELING SESSIONS ON RAJ NEWS and MORNING TALK SHOW ON PUDHU YUGUM (AWARENESS ON ROMANCE FOR COUPLES), PODHIGAI-COUNSELIG PROGRAMS, PUTHIYA THALAIMURAI-MOBILE ADDICTION AWARENESS, VIJAY T.V-NEEYA-NAANA.

**MAGAZINES-COUNSELING QUERIES IN DESATHIN NAMBIKKAI,URATHA
SINTHANAI.**

**RUNS-MARGADHARSHI COUNSELING AND TRAINING CENTRE
59,2C,GNCHETTY ROAD,SAGAS APT, T. NAGAR.CHENNAI.**

Contact Details;

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